

Responsibility Unit

This Standards Map summarizes each of the standards met by all lessons within this unit. All **Kindness in the Classroom®** lesson plans have been mapped to the five CASEL Core Social Emotional Learning (SEL) Competencies, the Centers for Disease Control and Prevention's National Health Education Standards (NHES), and the national Common Core State Standards for English Language Arts & Literacy and Mathematics. Utilization and adoption of these national standards and competencies vary by state. Teachers can use this resource to align their own state standards with each lesson.

Lesson 1: What Are You Responsible For?

CASEL

Self-management

Impulse control
Self-discipline
Self-motivation

Social awareness

Perspective-taking

Relationship skills

Communication

Responsible decision-making

Analyzing situations
Evaluating
Reflecting
Ethical responsibility

NHES

Standard 1. Understanding concepts

1.5.2 - Identify examples of emotional, intellectual, physical, and social health.

Standard 4. Interpersonal communication

4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.

Standard 7. Practicing healthy behaviors

7.5.1 - Identify responsible personal health behaviors.

Common Core

English Language Arts Standards

Speaking and Listening

Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL.5.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.5.1.B

Follow agreed-upon rules for discussions and carry out assigned roles.

CCSS.ELA-LITERACY.SL.5.1.C

Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others.

Language

Conventions of Standard English:

CCSS.ELA-LITERACY.L.5.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

Knowledge of Language:

CCSS.ELA-LITERACY.L.5.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.5.5

Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

Lesson 2: Our Greatest Influences

CASEL

Self-awareness

Accurate self-perception
Recognizing strengths

Self-management

Impulse control
Self-discipline
Self-motivation

Social awareness

Perspective-taking

Relationship skills

Communication
Social engagement

Responsible decision-making

Analyzing situations
Evaluating
Reflecting
Ethical responsibility

NHES

Standard 1. Understanding concepts

1.5.1 - Describe the relationship between healthy behaviors and personal health.

1.5.2 - Identify examples of emotional, intellectual, physical, and social health.

Standard 2. Analyzing influences

2.5.1 - Describe how family influences personal health practices and behaviors.

2.5.2 - Identify the influence of culture on health practices and behaviors.

2.5.3 - Identify how peers can influence healthy and unhealthy behaviors.

2.5.4 - Describe how the school and community can support personal health practices and behaviors.

2.5.5 - Explain how media influences thoughts, feelings, and health behaviors.

2.5.6 - Describe ways that technology can influence personal health.

Standard 4. Interpersonal communication

4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.

Standard 5. Decision-making

5.5.1 - Identify health-related situations that might require a thoughtful decision.

Standard 7. Practicing healthy behaviors

7.5.1 - Identify responsible personal health behaviors.

Standard 8. Advocating

8.5.1 - Express opinions and give accurate information about health issues.

Common Core

English Language Arts Standards

Speaking and Listening

Comprehension and Collaboration:

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Follow agreed-upon rules for discussions and carry out assigned roles.

CCSS.ELA-LITERACY.SL.5.1.C

Pose and respond to specific questions by making comments that contribute to the discussion and elaborate on the remarks of others.

CCSS.ELA-LITERACY.SL.5.1.D

Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.

Language

Conventions of Standard English:

CCSS.ELA-LITERACY.L.5.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

Knowledge of Language:

CCSS.ELA-LITERACY.L.5.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.5.5

Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

Lesson 3: What is my Respons(ibility)?

CASEL

Self-awareness

Accurate self-perception
Recognizing strengths
Self-efficacy

Self-management

Impulse control
Self-discipline
Self-motivation

Social awareness

Perspective-taking
Respect for others

Responsible decision-making

Analyzing situations
Evaluating
Reflecting
Ethical responsibility

NHES

Standard 1. Understanding concepts

1.5.2 - Identify examples of emotional, intellectual, physical, and social health.

Standard 2. Analyzing influences

2.5.1 - Describe how family influences personal health practices and behaviors.
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Standard 4. Interpersonal communication

4.5.1 - Demonstrate effective verbal and nonverbal communication skills to enhance health.

Standard 5. Decision-making

5.5.1 - Identify health-related situations that might require a thoughtful decision.

Standard 7. Practicing healthy behaviors

7.5.1 - Identify responsible personal health behaviors.

Standard 8. Advocating

8.5.1 - Express opinions and give accurate information about health issues.

Common Core

English Language Arts Standards

Reading: Foundational Skills

Fluency:

CCSS.ELA-LITERACY.RF.5.4

Read with sufficient accuracy and fluency to support comprehension.

Writing

Text Types and Purposes:

CCSS.ELA-LITERACY.W.5.1

Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

CCSS.ELA-LITERACY.W.5.2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

Speaking and Listening

Comprehension and Collaboration:

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Review the key ideas expressed and draw conclusions in light of information and knowledge gained from the discussions.

Language

Conventions of Standard English:

CCSS.ELA-LITERACY.L.5.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

CCSS.ELA-LITERACY.L.5.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

Knowledge of Language:

CCSS.ELA-LITERACY.L.5.3

Use knowledge of language and its conventions when writing, speaking, reading, or listening.

Vocabulary Acquisition and Use:

CCSS.ELA-LITERACY.L.5.5

Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

CCSS.ELA-LITERACY.L.5.5.C

Use the relationship between particular words (e.g., synonyms, antonyms, homographs) to better understand each of the words.

Lesson 4: Media Influence

CASEL

Self-awareness

Identifying emotions

Self-management

Impulse control
Self-discipline

Social awareness

Perspective-taking
Empathy
Appreciating diversity
Respect for others

Relationship skills

Communication
Social engagement
Relationship-building
Teamwork

Responsible decision-making

Analyzing situations
Evaluating
Reflecting
Ethical responsibility

NHES

Standard 1. Understanding concepts

1.5.2 - Identify examples of emotional, intellectual, physical, and social health.

Standard 2. Analyzing influences

2.5.5 - Explain how media influences thoughts, feelings, and health behaviors
2.5.6 - Describe ways that technology can influence personal health.

Standard 5. Decision-making

5.5.1 - Identify health-related situations that might require a thoughtful decision.

Standard 7. Practicing healthy behaviors

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Knowledge of Language:

CCSS.ELA-LITERACY.L.5.3

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DESIGNATED BY CASEL
AS A RECOMMENDED
PROGRAM FOR SOCIAL
AND EMOTIONAL
LEARNING.

The Collaborative for Academic, Social, and Emotional Learning (CASEL) has been reviewing evidence-based SEL programs since 2003. Kindness in the Classroom® meets CASEL's SElect Program and is included in the CASEL Guide to Effective Social and Emotional Learning Programs.

Kindness in the Classroom® met or exceeded all of CASEL's criteria for high-quality SEL programming. Kindness in the Classroom® received CASEL's highest designation for high-quality SEL programming.

<https://casel.org/guide/kindness-in-the-classroom/>