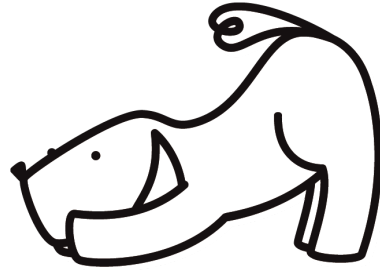


Respect



Hello Parents and Guardians,

Welcome to Unit 1 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPECT. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Self-Respect	<ul style="list-style-type: none">• How can we show ourselves respect?• How do we treat ourselves with kindness?	Talk with your child about the importance of respecting yourself in everything you think, say, and do! Respect starts with YOU.
Respect for Others	<ul style="list-style-type: none">• How do we treat our classmates, our family, our friends?• How do our words and actions affect others?	Help your child look at how they use kind words and actions to show respect for others in their immediate world.
Respect for Our School	<ul style="list-style-type: none">• How do we care for our classroom and the things in it?• How do we show respect for our school?	Talk with your child about the importance of respecting school property, including school supplies, technology (like computers/tablets), and playground toys.

Key activities we'll be doing:

- Create a kindness pond to encourage respect within our class!
- Practice Whole Body Listening!
- Practice respectful communication during times of disagreement!
- Use teamwork to accomplish a physical game!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

Ask your child to teach you the CALM method of communication. Remind them that CALM stands for Calm (voice) Avoid (interruptions) Listen (intently) Move on (and let go!). Try out this method during conflicts if desired!