

Integrity



Hello Parents and Guardians,

Welcome to Unit 4 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about INCLUSIVENESS. Since this is a completely new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE'LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Honesty	<ul style="list-style-type: none">• Why is honesty the best policy?• What happens when we start to tell little lies?• How do these lies start to build on each other?	Talk with your child about the importance of always telling the truth, even when it is difficult. When we get into the habit of telling lies, adults start to trust us less and less.
Perseverance	<ul style="list-style-type: none">• How do we stick with things, even when they are difficult for us?• How can we use honesty to reach our goals?• How does cheating hurt us in the long run?	Practice identifying small goals with your child. List the steps it will take for them to reach that goal. Celebrate with them when they succeed! Goal setting is a lifelong skill.
Integrity	<ul style="list-style-type: none">• What is the connection between honesty and integrity?• How can we do what is right and kind in every situation?	Talk with your child about the importance of being honest, even when no one is around. How can we practice integrity at home as well as at school?

Key activities we'll be doing:

- Explore the concept of "white lies"!
- Examine honesty through literature!
- Persevere through puzzles!
- Create a community of integrity at school!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

As a family, choose one new thing you would like to try out. Commit to trying it for one full week, even if it is difficult. Avoid shortcuts, which promote dishonesty. Demonstrating perseverance at home is a terrific example for children at this age.